

RECOMMENDED CAMP PACKING LIST

Here are the things you will need to pack for a typical camp:

- Coat or Light Jacket (Seasonal)
- Hat or Cap
- Glasses/contacts
- Prescription medication
- Sunglasses
- Goggles for swimming (Seasonal)
- Long Pants
- Short Pants (Seasonal)
- Sweatshirt
- Swimsuit (Seasonal)
- T-shirts
- Underwear
- Sleepwear
- Tennis Shoes or Hiking Boots
- Flip flops or Sandals (Seasonal)
- Socks
- Sleeping Bag & Pillow
- Towel / Washcloth
- Comb or brush
- Deodorant
- Personal Care products
- Bug repellent (Seasonal)
- Lip balm
- Shampoo and conditioner
- Shaving cream and razors
- Soap in carrier
- Sunblock
- Toothbrush, toothbrush container, and toothpaste
- Camera
- Flashlight and spare batteries
- Laundry bag
- Reusable water bottle or canteen
- Writing paper, pre-addressed envelopes, stamps
- Spending money (check with camp for policies)
- Entertainment, like books, hacky sacks, and deck of cards
- Small backpack or tote for day-trips

Please leave these things at home:

Electronic Devices - Cell Phones, Radios, Game Systems, etc...

Pocket Knives, Pocket Tools, Axes, Saws, Fireworks, Weapons of any kind.

Pets, Food, Gum, Candy, Soda

Plan Ahead — Remember your happy camper will be living out of a duffel back, trunk, or suitcase for the duration. Packing light helps campers keep track of items, and guarantees that they can handle their own luggage at camp.

Be sure to carefully review what is needed, with special attention to those items that may not be permitted at camp.

Label Everything — Laundry pens, iron-ons, and press and stick labels will distinguish your camper's belongings from those of other cabin or tent mates. Most camps ask that you label each item, including clothing, personal items, and toiletries. Make sure that your child can identify the label used.

Break in Shoes and Boots Before Camp Begins — Make sure that your child's clothing and footwear are comfortable and appropriate. Sending a camper in brand-new hiking boots can result in sore feet and time spent sitting out of exciting activities.

Prepare Together — Decisions about camp, like what to pack, should be made together. The more ownership your camper has in these decisions, the easier the adjustment and transition to camp will be.